

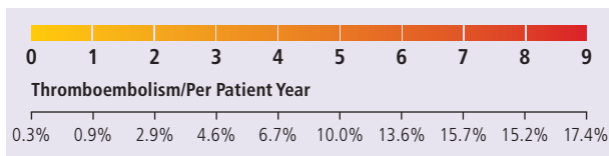
## CHA<sub>2</sub>DS<sub>2</sub>-VASc-Score for AF Stroke Risk<sup>1</sup>

Letter	Clinical Meaning	Yes	Points
C	Congestive heart failure history?	<input type="checkbox"/>	+1
H	Hypertension history?	<input type="checkbox"/>	+1
A <sub>2</sub>	Age? ≥ 75 years	<input type="checkbox"/>	+2
D	Diabetes mellitus?	<input type="checkbox"/>	+1
S <sub>2</sub>	Stroke/TIA/thromboembolism history?	<input type="checkbox"/>	+2
V	Vascular disease history? Previous MI, peripheral arterial disease or aortic plaque	<input type="checkbox"/>	+1
A	Age? 65–74 years	<input type="checkbox"/>	+1
Sc	Sex? Female	<input type="checkbox"/>	+1
			<b>Score:</b>

◆ Oral anticoagulation is **recommended for scores ≥ 2** in men or **≥ 3 in women** (Class I, level of evidence A)

◆ Oral anticoagulation is **recommended for scores ≥ 1** in men or **≥ 2 in women** (Class IIa, level of evidence B)

## CHA<sub>2</sub>DS<sub>2</sub>-VASc-Score and Stroke Risk Assessment<sup>2</sup>



1. G. Hindricks *et al.* 2020 ESC Guidelines for the diagnosis and management of atrial fibrillation developed in collaboration with the European Association for Cardio-Thoracic Surgery (EACTS). *Eur Heart J.* 2021 Feb 1; 42(5): 373–498.

2. L. Friberg *et al.* Evaluation of risk stratification schemes for ischaemic stroke and bleeding in 182 678 patients with atrial fibrillation: the Swedish Atrial Fibrillation cohort study. *Eur Heart J.* 2012 Jun; 33(12): 1500–1510.



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Patient

# Clinical risk factors in the HAS-BLED Score<sup>1</sup>

Letter	Risk factors and definitions	Yes	Points
H	<b>Uncontrolled hypertension?</b> SBP > 160 mmHg	<input type="checkbox"/>	+1
A	<b>Abnormal renal and/or hepatic function?</b> Dialysis, transplant, serum creatinine > 200 µmol/L, cirrhosis, bilirubin > × 2 upper limit of normal, AST/ALT/ALP > 3 × upper limit of normal	<input type="checkbox"/>	+1
		<input type="checkbox"/>	+1
S	<b>Stroke history?</b> Previous ischaemic or haemorrhagic <sup>a</sup> stroke	<input type="checkbox"/>	+1
B	<b>Bleeding history or predisposition?</b> Previous major haemorrhage or anaemia or severe thrombocytopenia	<input type="checkbox"/>	+1
L	<b>Labile INR<sup>b</sup>?</b> TTR < 60% in patient receiving VKA	<input type="checkbox"/>	+1
E	<b>Elderly?</b> Aged >65 years or extreme frailty	<input type="checkbox"/>	+1
D	<b>Drugs or excessive alcohol drinking?</b> Concomitant use of antiplatelet or NSAID; and/or excessive <sup>c</sup> alcohol per week	<input type="checkbox"/>	+1
		<input type="checkbox"/>	+1

**Score:**

◆ Note: labile INR values are omitted with NOACs. INR is only calibrated for VKA and is not valid within the context of NOACs

◆ The HAS-BLED score should not exclude any patient from receiving oral anticoagulations per se. Instead, it should serve to assess patients' individual risks of bleeding, which is comparable to the CHA<sub>2</sub>DS<sub>2</sub>-VASc-Score (Class IIa, level of evidence B)

◆ Low risk of bleeding = score 0–2

◆ For HAS-BLED scores of ≥ 3, OACs should be administered with caution → regular control is recommended. Reduce controllable risks of bleeding (e.g. high blood pressure, co-medication, alcohol, labile INR)

ALP = alkaline phosphatase; ALT = alanine aminotransferase; AST = aspartate aminotransferase; SBP = systolic blood pressure; INR = international normalized ratio; NSAID = Non-steroidal anti-inflammatory drug; TTR = time in therapeutic range; VKA = vitamin K antagonist.

a. Haemorrhagic stroke would also score 1 point under the 'B' criterion

b. Only relevant if patient receiving a VKA.

c. Alcohol excess or abuse refers to a high intake (e.g. > 14 units per week), where the clinician assesses there would be an impact on health or bleeding risk.

1. G. Hindricks *et al.* 2020 ESC Guidelines for the diagnosis and management of atrial fibrillation developed in collaboration with the European Association for Cardio-Thoracic Surgery (EACTS). *Eur Heart J.* 2021 Feb 1; 42(5): 373–498.



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